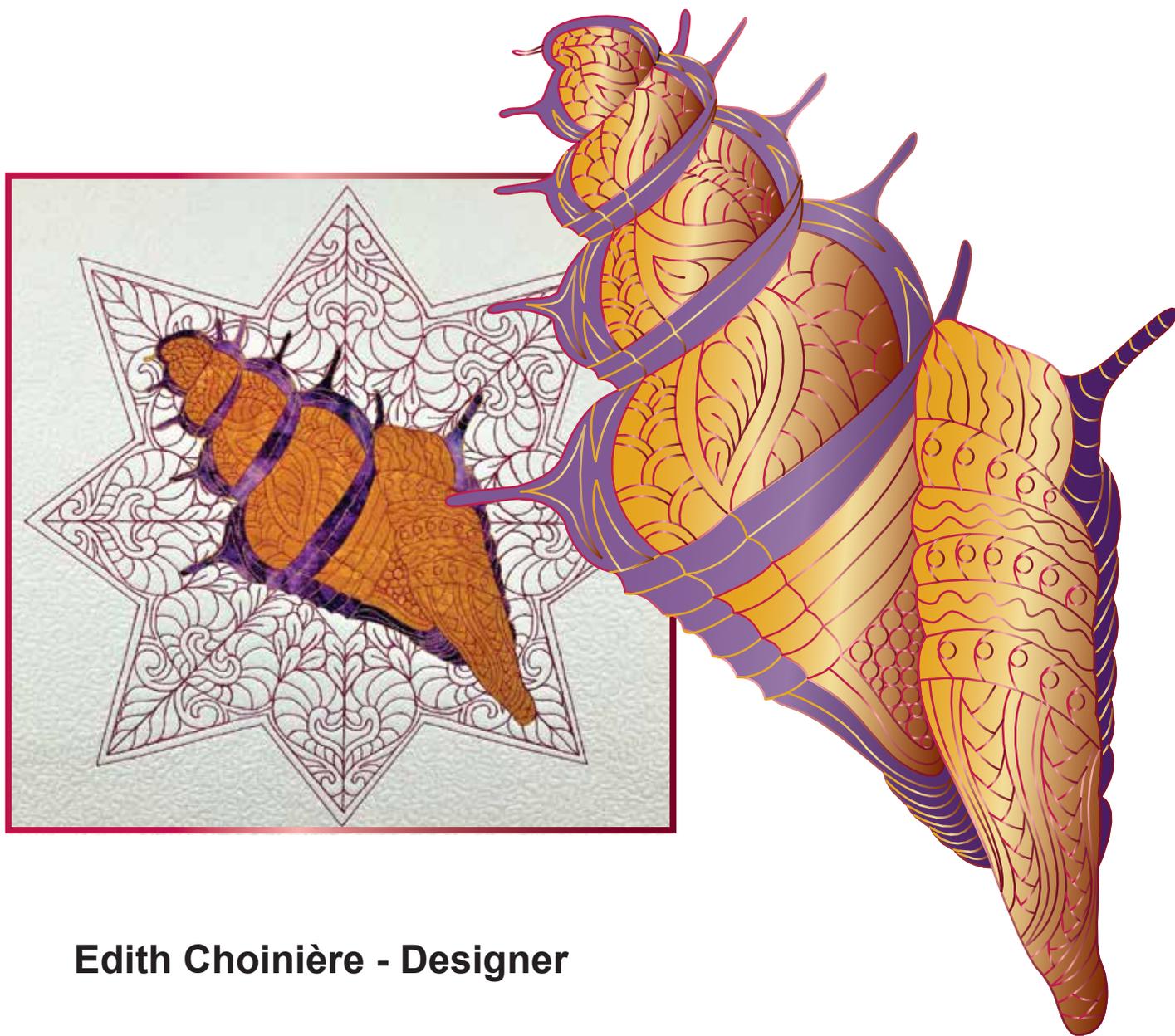


Seashell by the seashore #4

Raw Edge Appliqué & Free Motion Quilting Design

Size of the seashell alone: 9½" Wide x 13" High (24.15 cm x 33 cm)

Size with the star: 18½" Wide x 18½" High (47cm²)



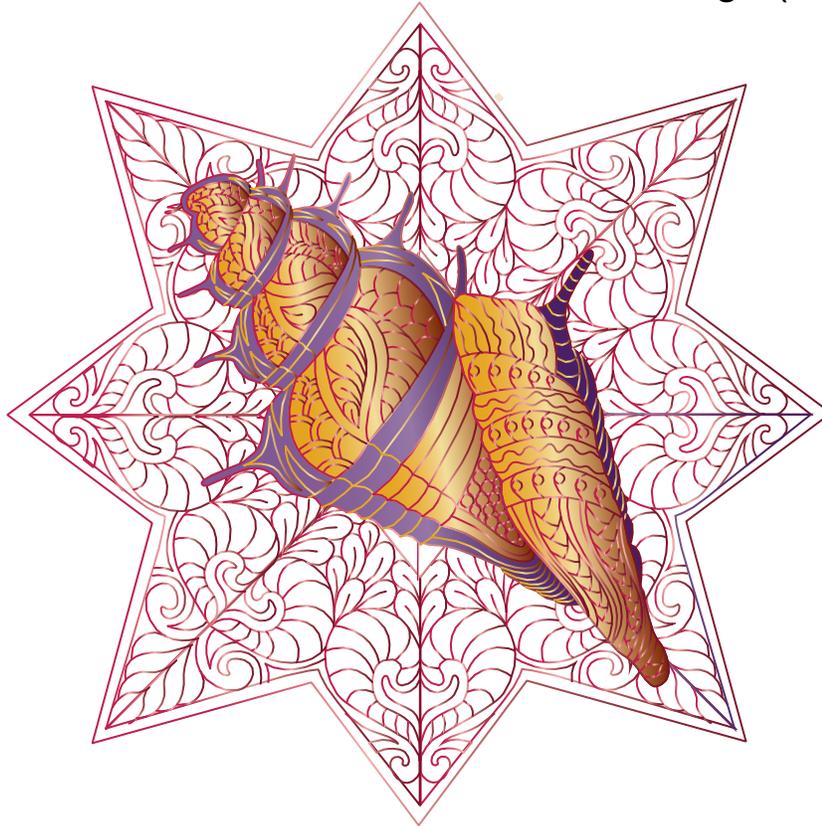
Edith Choinière - Designer

Seashell by the seashore #4

Appliqué & Free Motion Quilting Design

Size of the seashell alone: 9½" Wide x 13" High (24.15 cm x 33 cm)

Size with the star: 18½" Wide x 18½" High (47cm²)



Edith Choinière - Designer

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Seashell by the seashore #4

Instructions for Raw Edge Appliqué & Free Motion Quilting Design

Materials

1. To trace the FMQ design you will need a lightbox or a glass table top under which you can place a lamp.
2. One package of Lite Steam-A-Seam 2. The package contains five sheets of 9" x 12".
3. One piece of batting 25" x 25" or (64 cm x 64 cm)
Two pieces of background fabric 24" x 24" (61 cm²) one for the background and one for the backing.
4. To trace, you will need a white mechanical chalk pencil and a pen or pencil with a 0.5mm lead. When using a pencil, trace very lightly on the fabric.



Fabric selections - Northcott fabrics

Note 1: The Batik fabrics are best for any Raw Edge Appliqué as they fray less.

Note 2: The yardage is based on a 45" wide fabric or 110 cm.



Fabric requirements:

White: 1.25 meter/ 1.25 yard

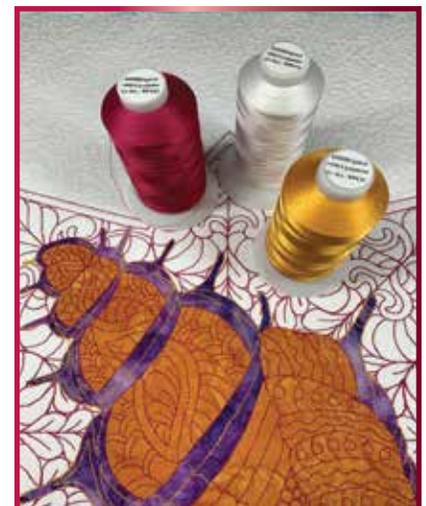
Gold and purple : one fat quarter
for each color

2.5 cm = 1" 1 meter = 39 inches
Fat quarter = 18" x 22" (46 cm x 56 cm)

Thread selections

Here's my thread selection for the Free Motion Quilting.
I used the SuperB industrial embroidery threads 40 weight.

I travel twice on each quilting lines to make the FMQ design pop up and correct the crooked lines I might have done on the first pass. I also like to use contrasting threads to get a FMQ design to look even more beautiful.



Pages 2 to 6: Appliqué Templates and Instructions

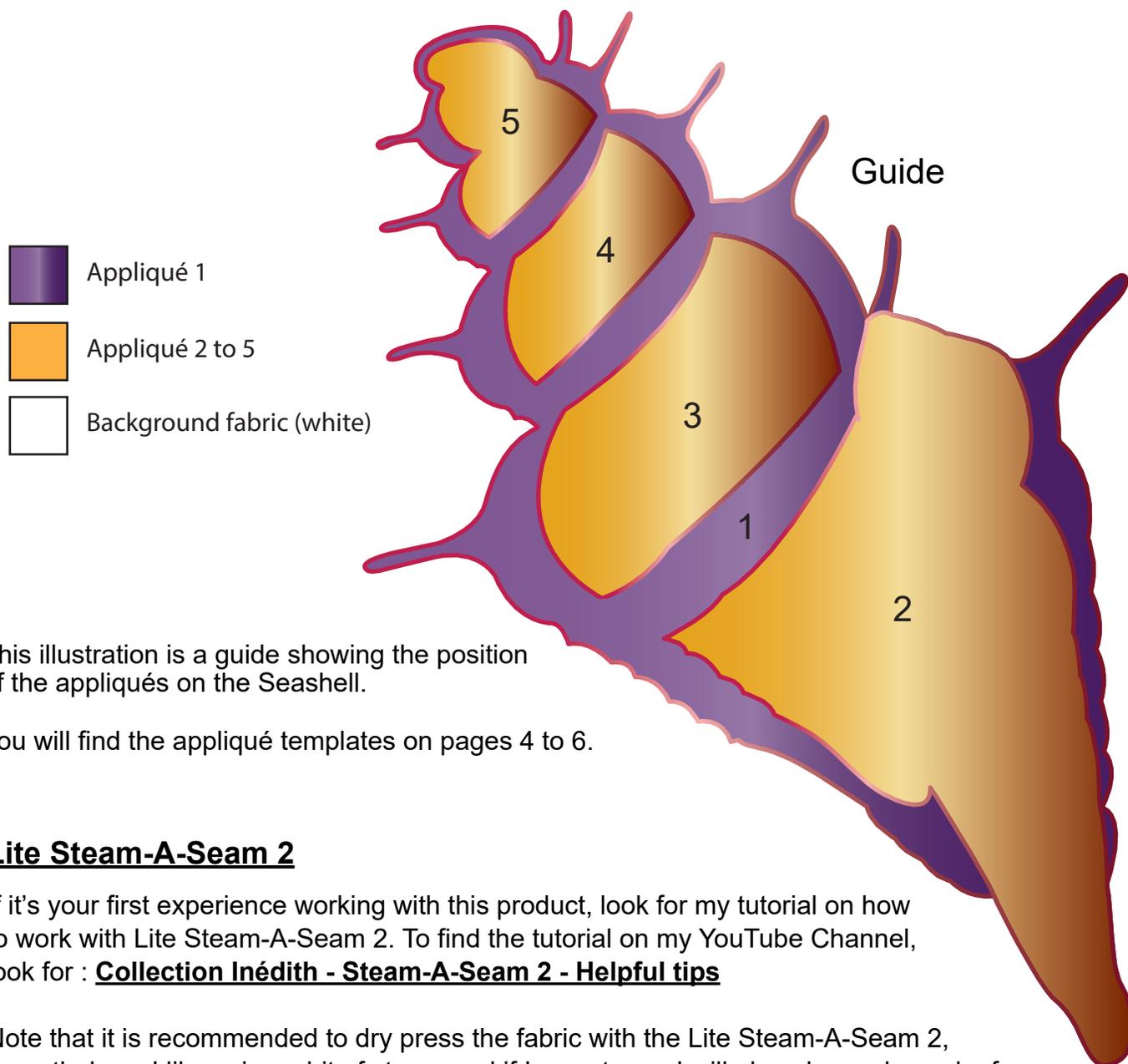
Pages 7 to 11: Tracing the FMQ Design on the Seashell

Annex: FMQ Star Design to trace on the background fabric

Page 12: Threads

Pages 13 and 14: Pictures of the completed project

Appliqué Templates, guide and instructions



This illustration is a guide showing the position of the appliqués on the Seashell.

You will find the appliqué templates on pages 4 to 6.

Lite Steam-A-Seam 2

If it's your first experience working with this product, look for my tutorial on how to work with Lite Steam-A-Seam 2. To find the tutorial on my YouTube Channel, look for : **Collection Inédith - Steam-A-Seam 2 - Helpful tips**

Note that it is recommended to dry press the fabric with the Lite Steam-A-Seam 2, nevertheless, I like using a bit of steam and if I use steam, I will also place a loose leaf paper on top of my fabric and the Lite Steam-A-Seam 2 when I press. It will keep my iron clean when I use a bit of steam to fuse the Steam-A-Seam to the fabric and it works beautifully.

IMPORTANT:

Because I'm working with "Lite Steam-A-Seam 2" the Appliqué templates are mirror images and they are ready to be used as they are shown.

If you use a different product that doesn't require a mirror image of the templates, you might consider drawing the wrong side of the paper templates to cancel the mirror image effect.

Getting the appliqués ready



1. Trace the appliqué templates on lite Steam-A-Seam 2.



2. Cut out the interior of the Steam-A-Seam templates and leaving 3/8" (1cm) on the edges. It will prevent the appliqués from being too stiff.

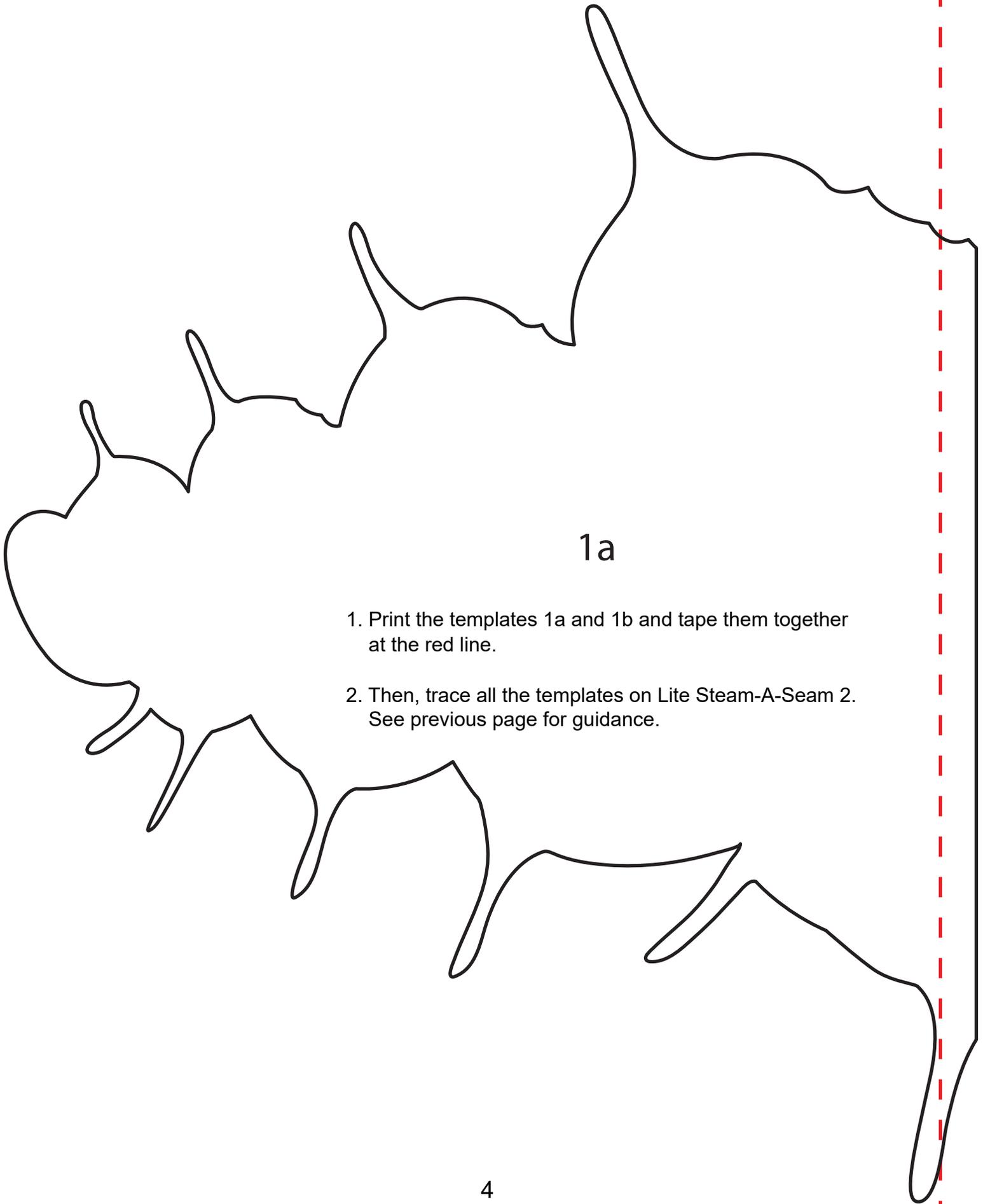


3. Apply the Steam-A-Seam templates on the wrong side of the fabric and press.



4. Cut each appliqué.

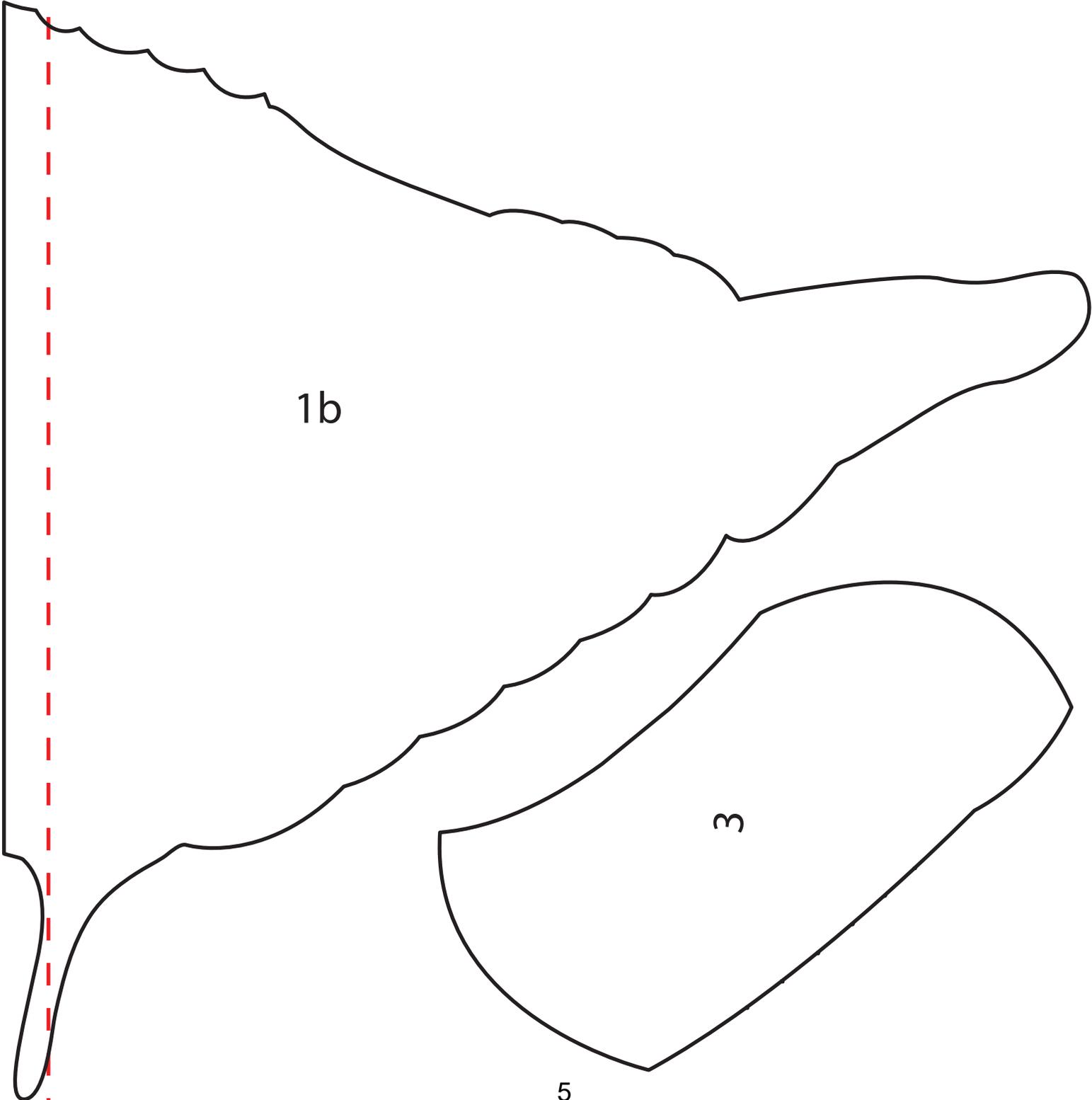
Appliqué Templates #1



1a

1. Print the templates 1a and 1b and tape them together at the red line.
2. Then, trace all the templates on Lite Steam-A-Seam 2. See previous page for guidance.

Appliqué Templates (Cont'd)

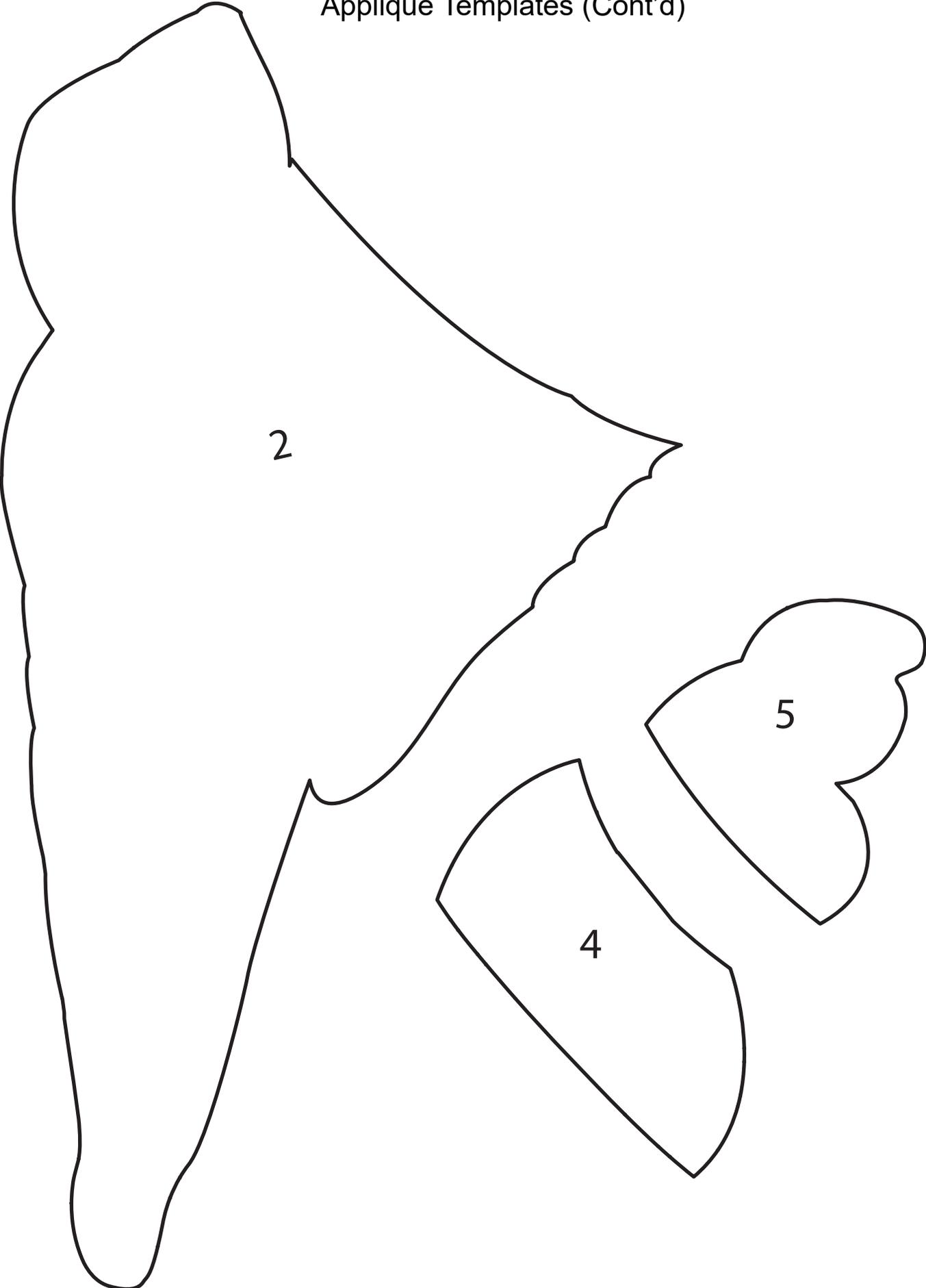


1b

3

5

Appliqué Templates (Cont'd)



Tracing the Free Motion Quilting Design on the seashell Quadrants 1 and 2

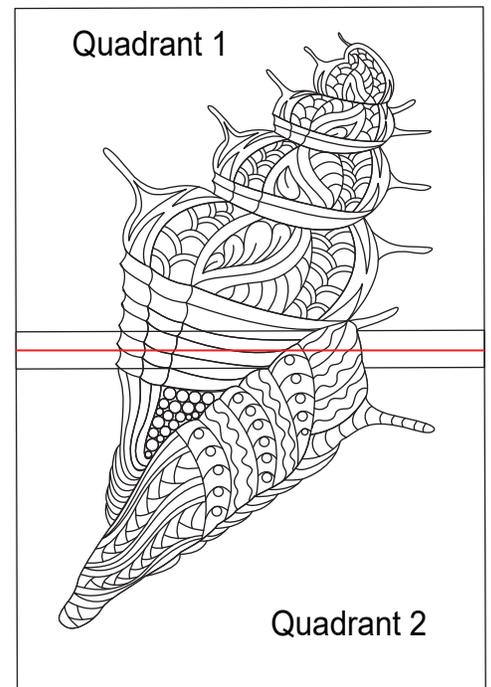
Before you place the appliqués on the background fabric, you must trace the FMQ design on appliqués 2 to 5.

Do not trace appliqué 1 yet.

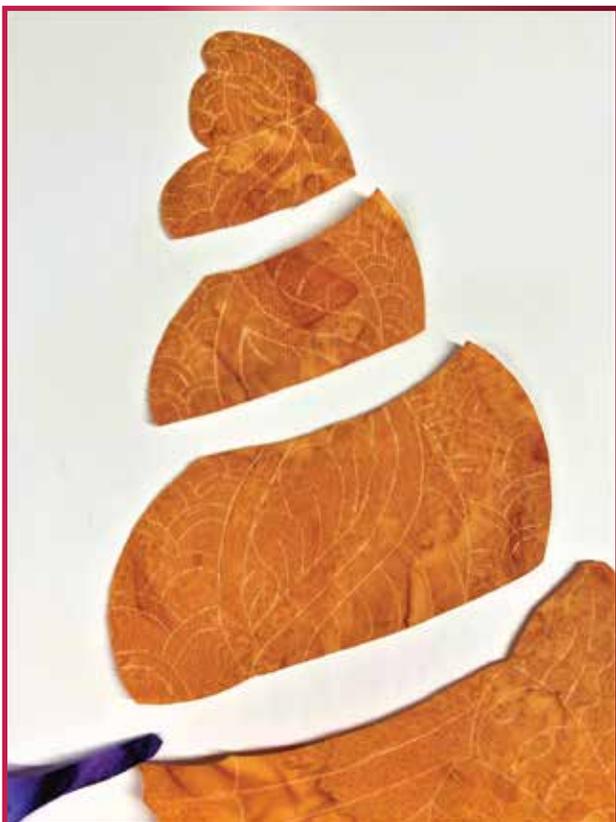
Print the quadrants 1 and 2 that you will find on pages 8 and 9 and tape them together at the red line.

To trace, turn on your lightbox and place the FMQ paper quadrants on top.

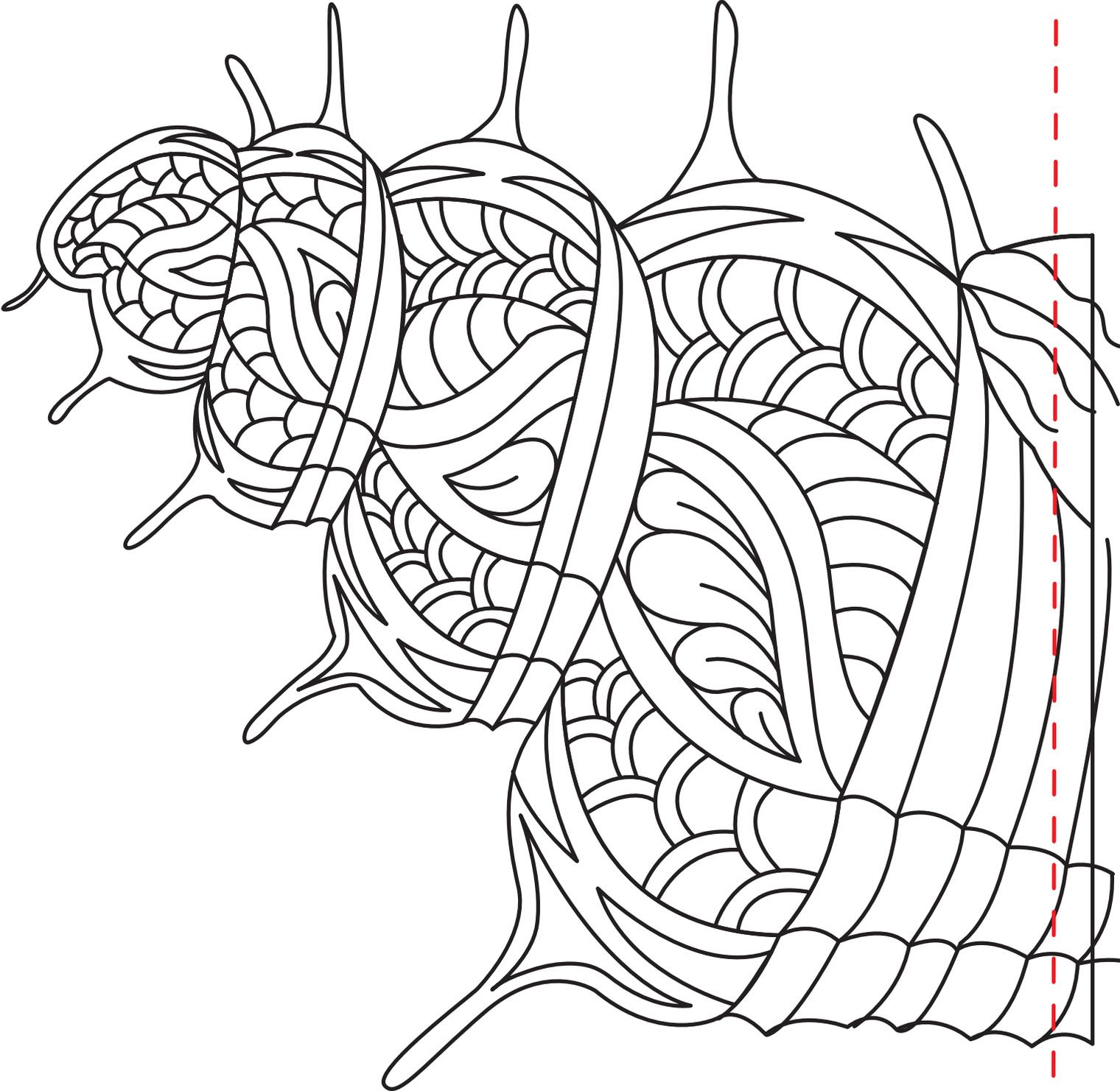
Then place one of the appliqués on top of the quadrants where you see the matching design and trace the lines you see through the fabric.



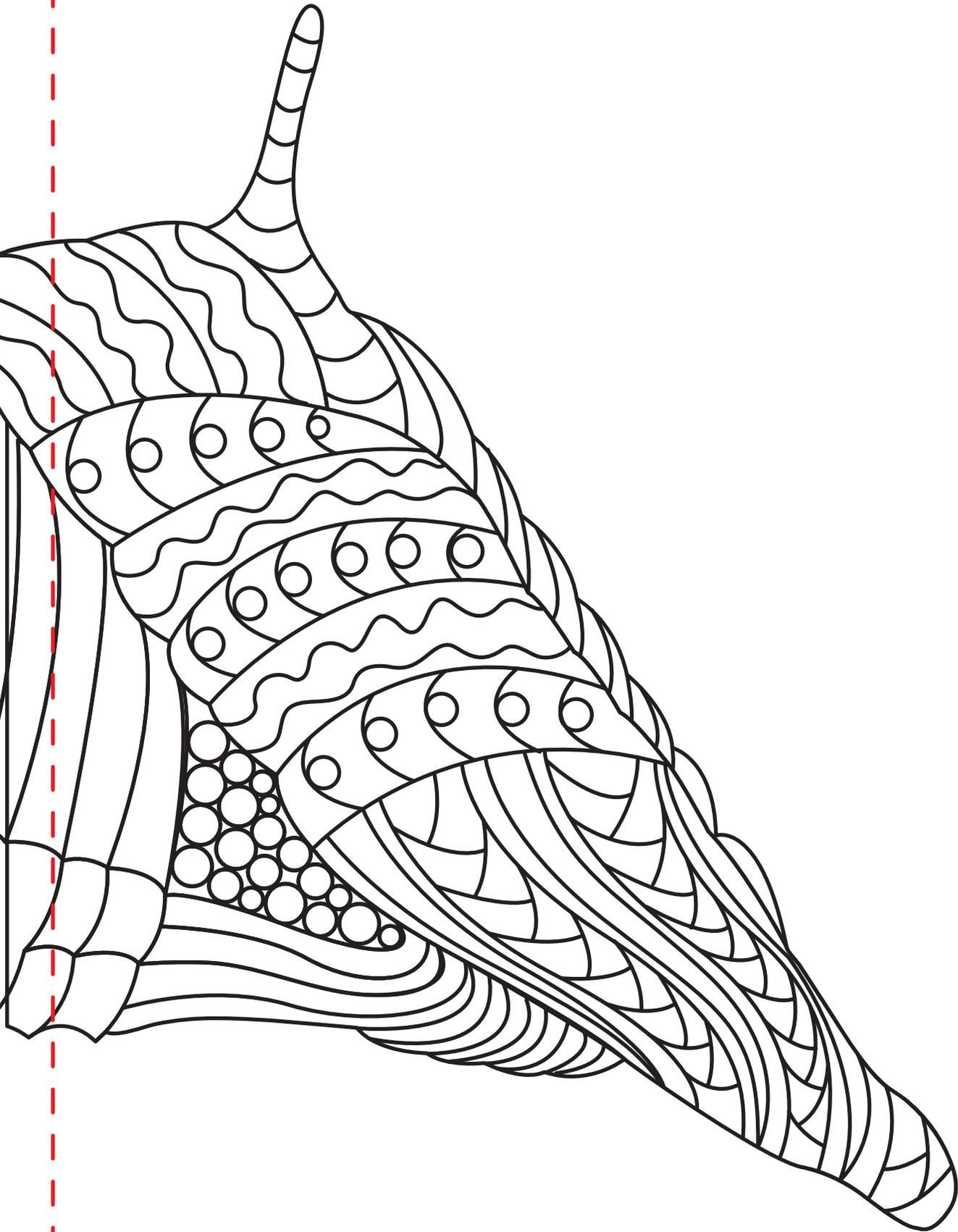
Use a pencil with a 0.5 mm lead to trace the FMQ design on white or light colored fabric and trace very lightly on the fabric. For darker fabric, use a white mechanical chalk pencil.



Quadrant 1



Quadrant 2



Tracing the Free Motion Quilting Design on Appliqué #1

After tracing appliqués 2 to 5, keep the paper quadrants on the tracing table with the lights on and place the appliqué #1 on top of the design. Then position appliqués 2 to 5 on appliqué #1 where you see them through the fabric.

Now, you can trace the FMQ design on appliqué #1. It's just a few lines and you could also draw them free hand if you prefer.

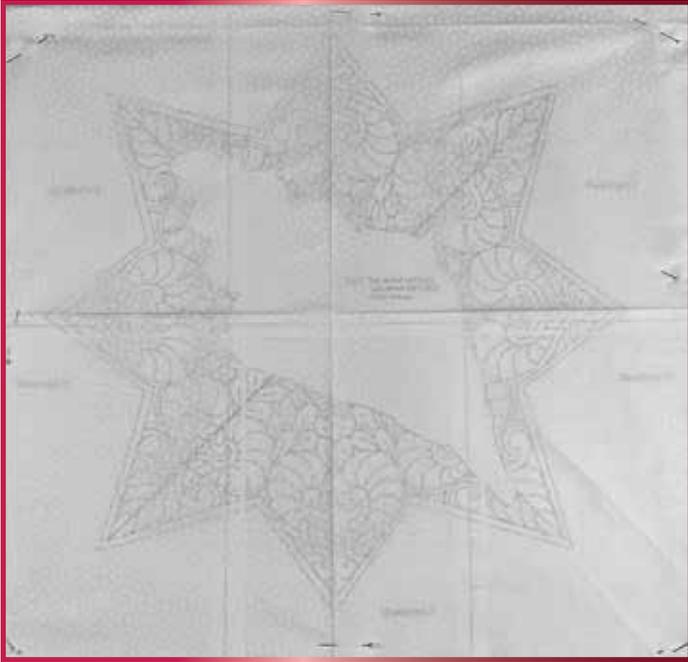
BACKGROUND - Two options

Option 1: you could use the seashell and do your own FMQ design on your background fabric.

Option 2: You could use the star design I created as a background for the seashell and trace the FMQ star on the background fabric. You will find the design in the Annex.



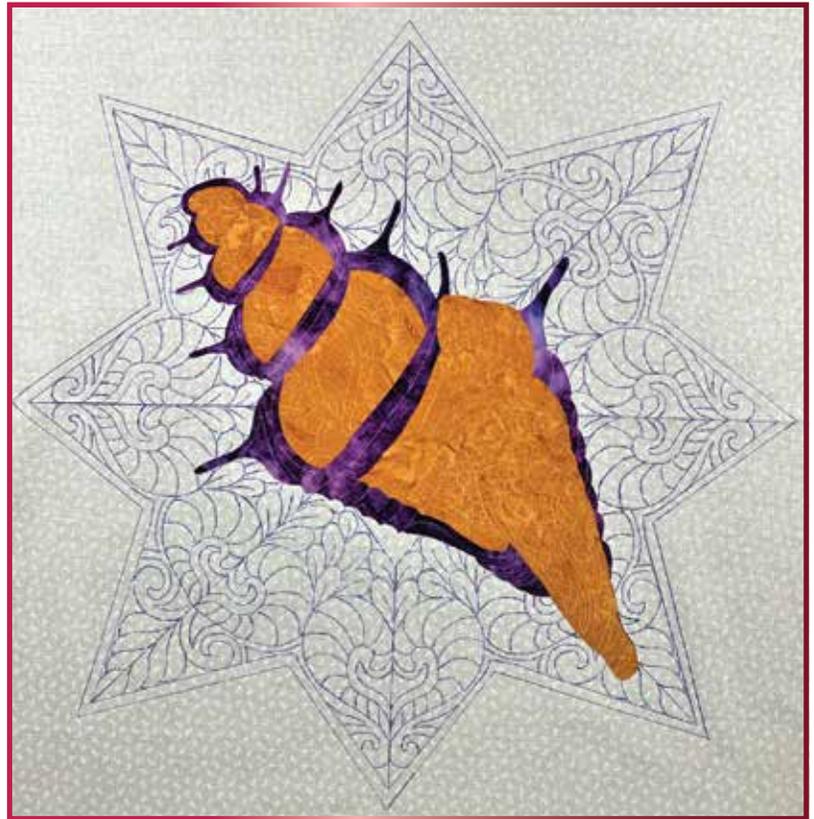
Tracing the FMQ design on the background fabric Quadrants 3 to 8



1. Print the quadrants 3 to 8 and tape them together on the purple line. You will find the quadrants in the Annex.
2. Place the paper quadrants on top of the tracing table or lightbox.
3. Place the background fabric on top of the paper quadrants and turn on the light. Center the design and pin both the paper and the fabric together to prevent from shifting.



4. Place the seashell in the dedicated space, where you see it through the fabric.
5. When you are satisfied with the look, press to fuse the seashell on the background fabric.



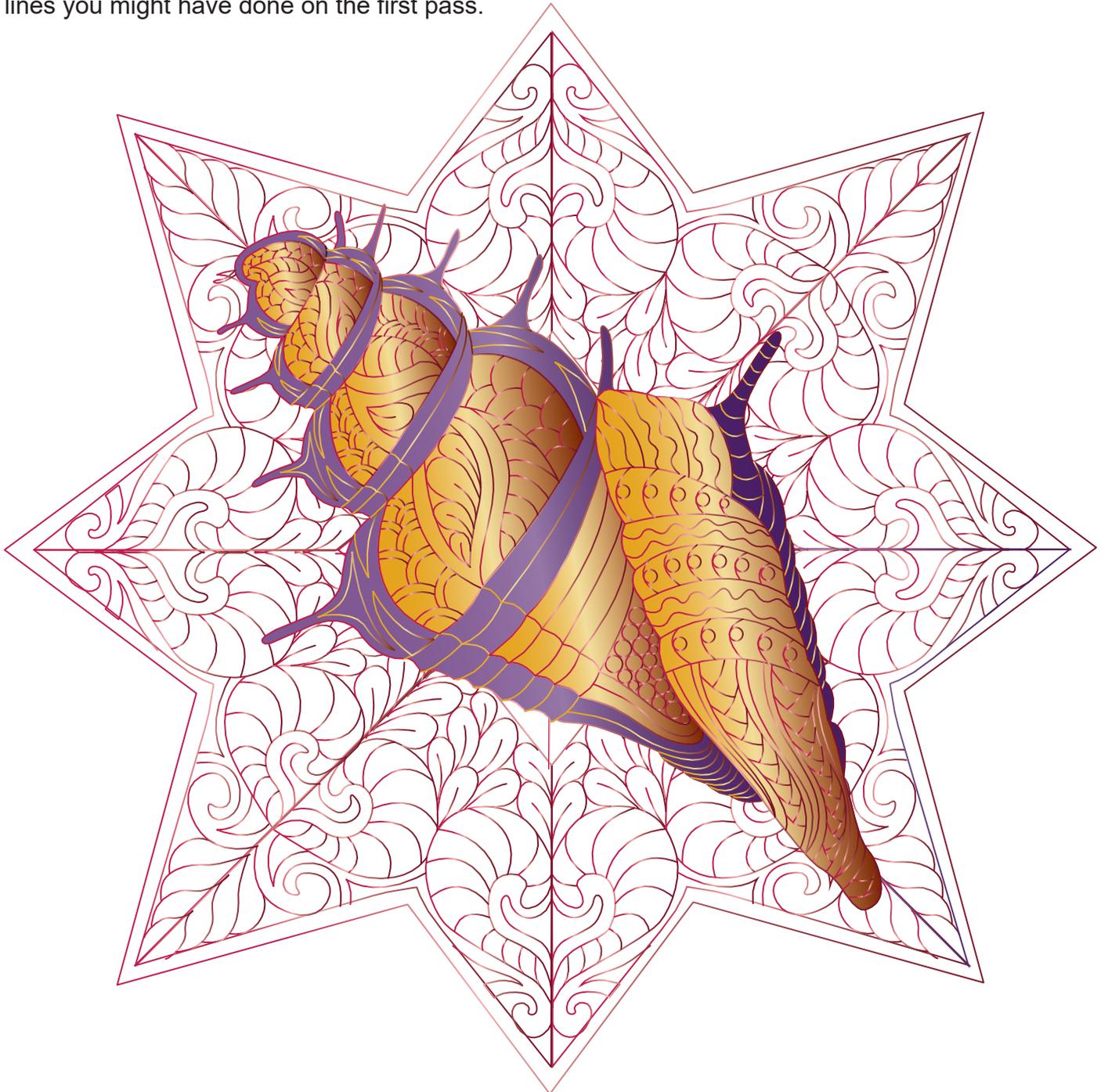
6. Trace the star very lightly with a 0.5 mm lead pencil. Here, I allowed myself to trace with a blue pen so you can have a better view of the design.
7. Add the batting and the backing and you are ready to start quilting.

Free Motion Quilting - Threads

On the purple fabric, I used a golden thread. On the golden fabric and for the FMQ star on the background fabrics, I used a dark pink thread.

1. I started quilting the golden fabric with the dark pink thread.
2. I kept on going with the dark pink thread to quilt the star on the background fabric.
3. I completed the design with the golden thread on the purple fabric (appliqué #1).
4. To do what was left of the background fabric, I did a free hand meandering FMQ design and I used a white thread on white fabric so that the star design would pop.

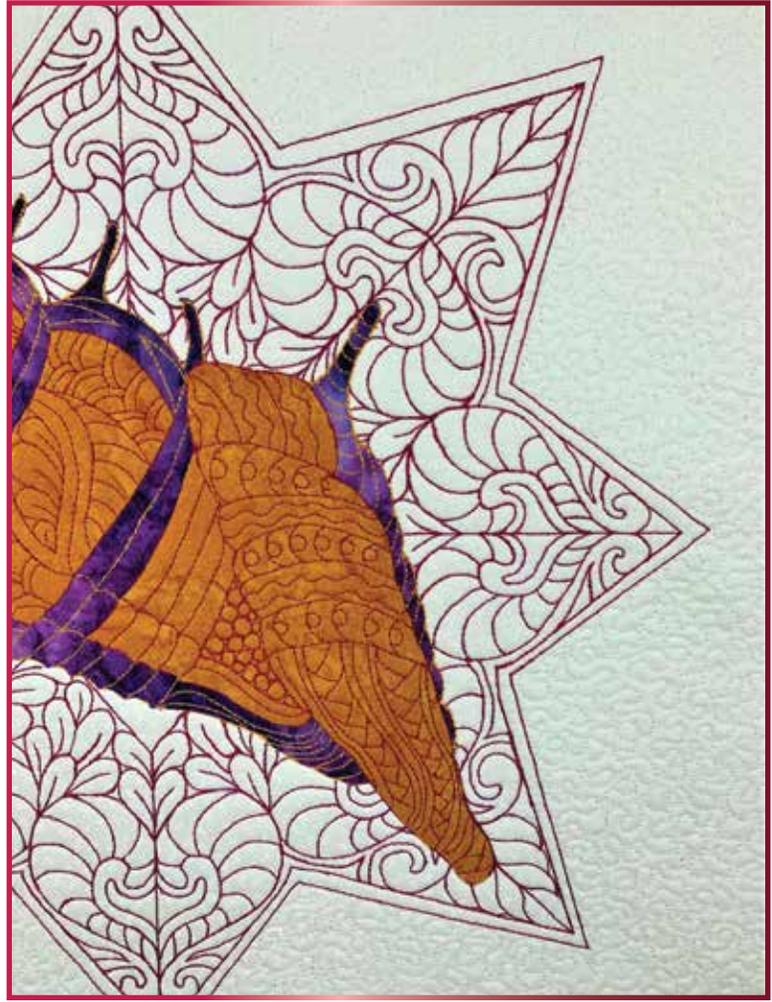
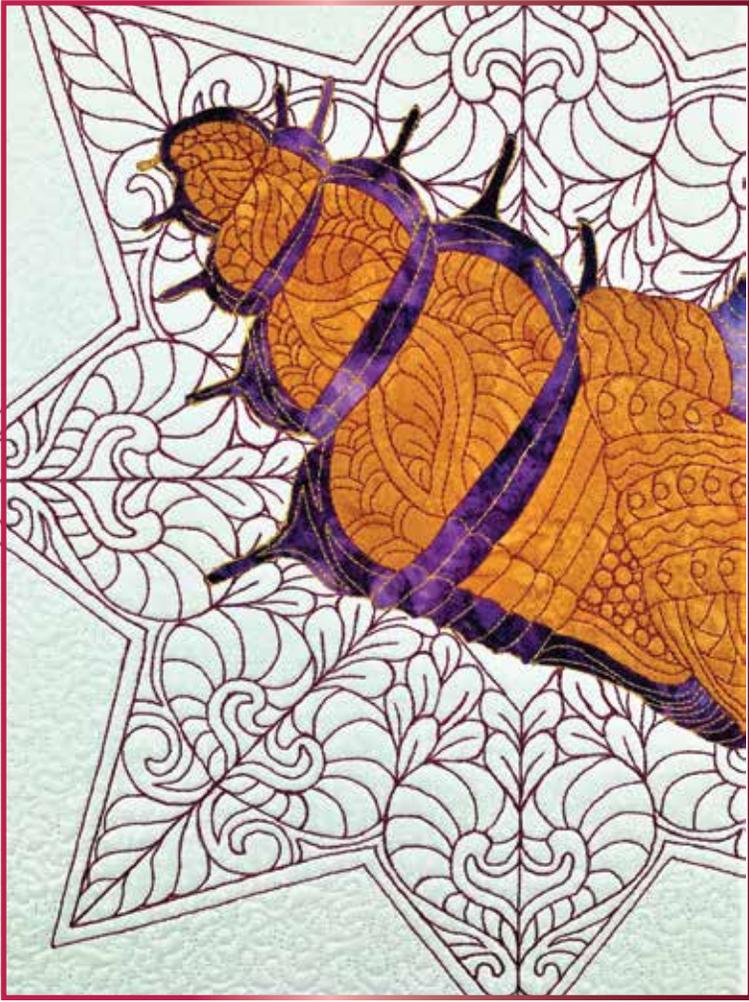
Traveling twice on the same FMQ lines will give you a more intense look and will correct any crooked lines you might have done on the first pass.



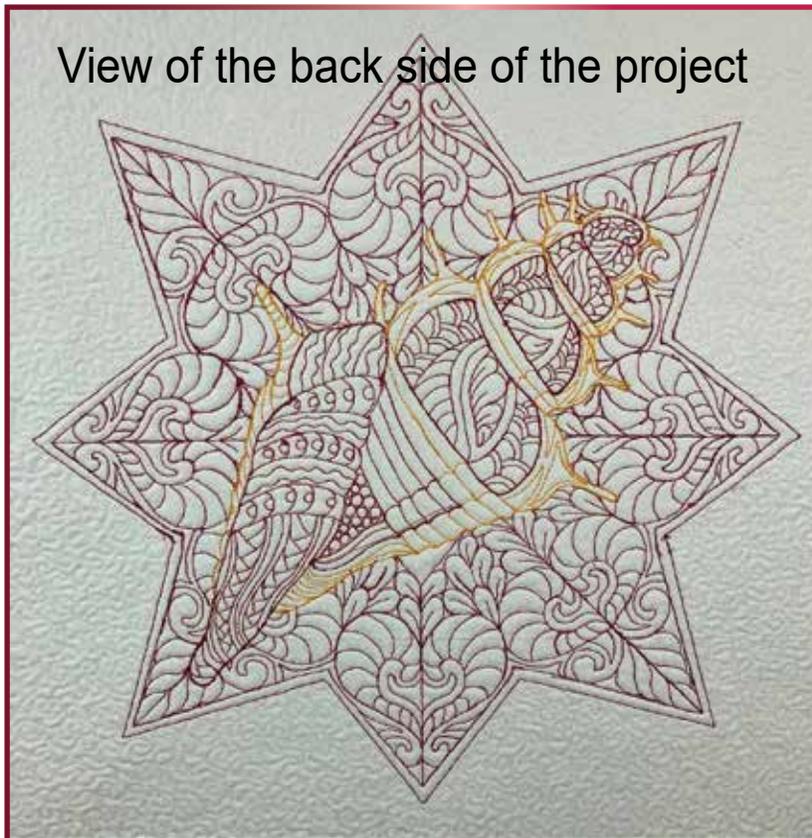
Completed project



FMQ Results



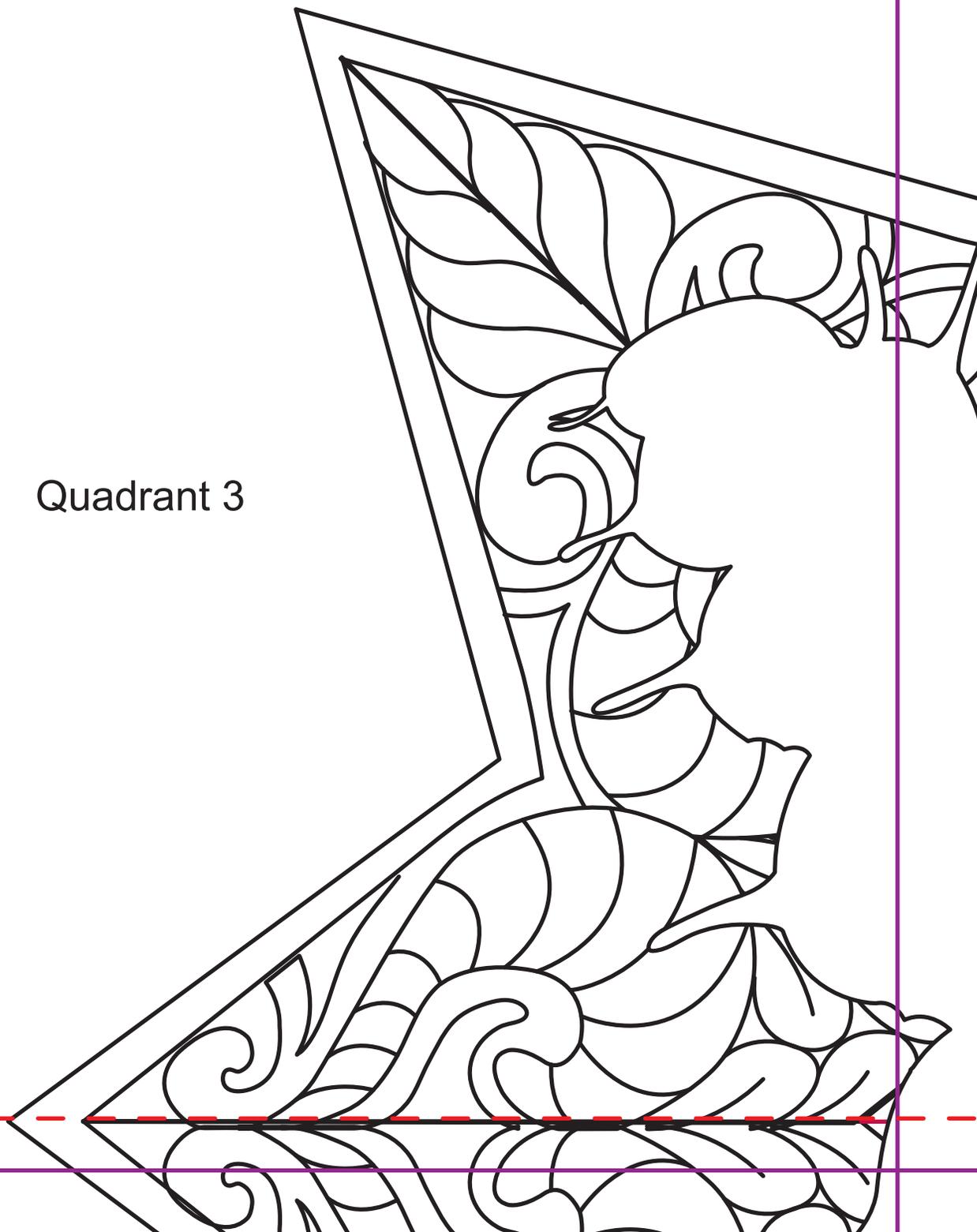
View of the back side of the project



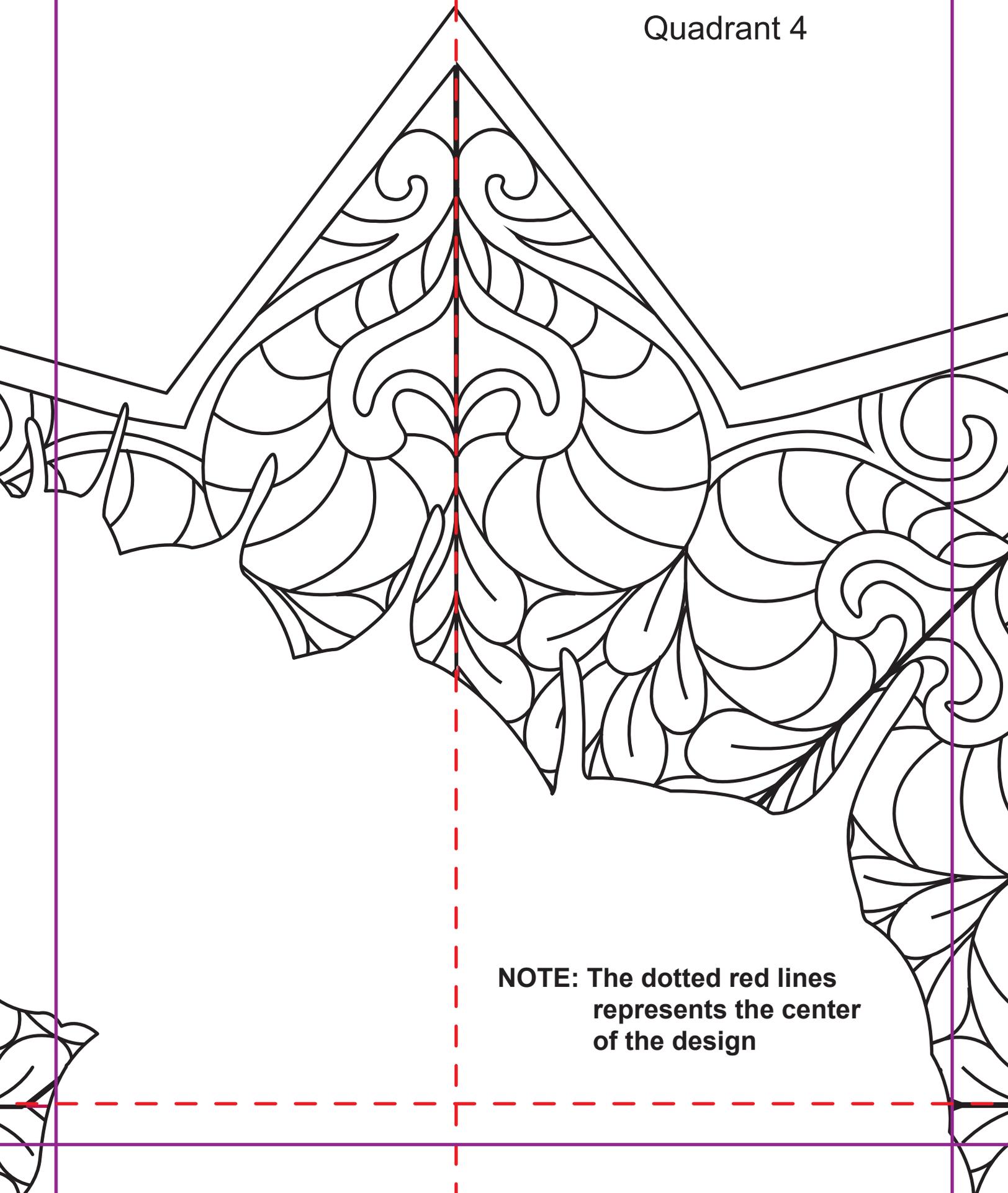
Annex
Star Design - FMQ for the background fabric
Quadrants 3 to 8

Print the quadrants and join them together on the purple lines.

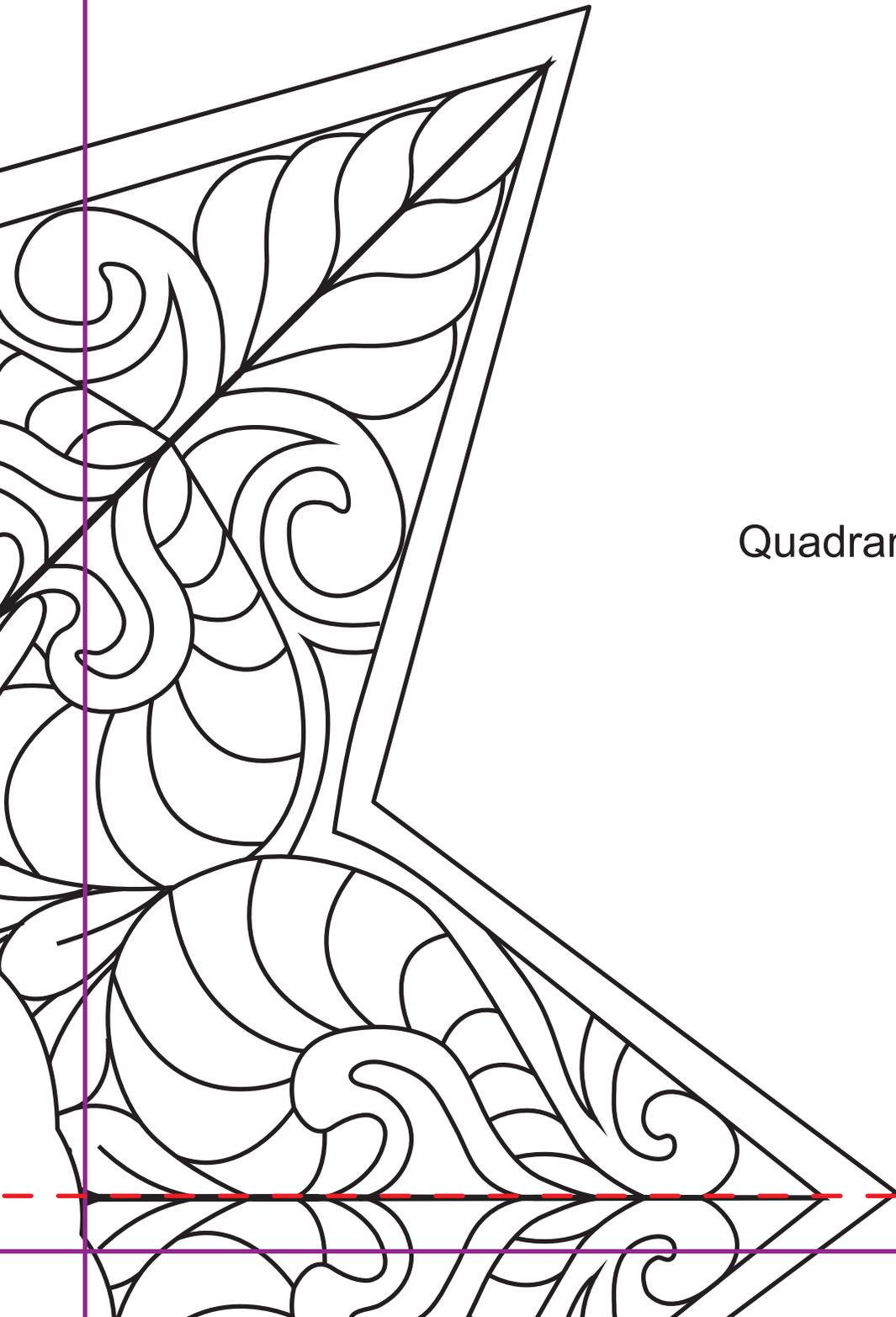
Quadrant 3



Quadrant 4

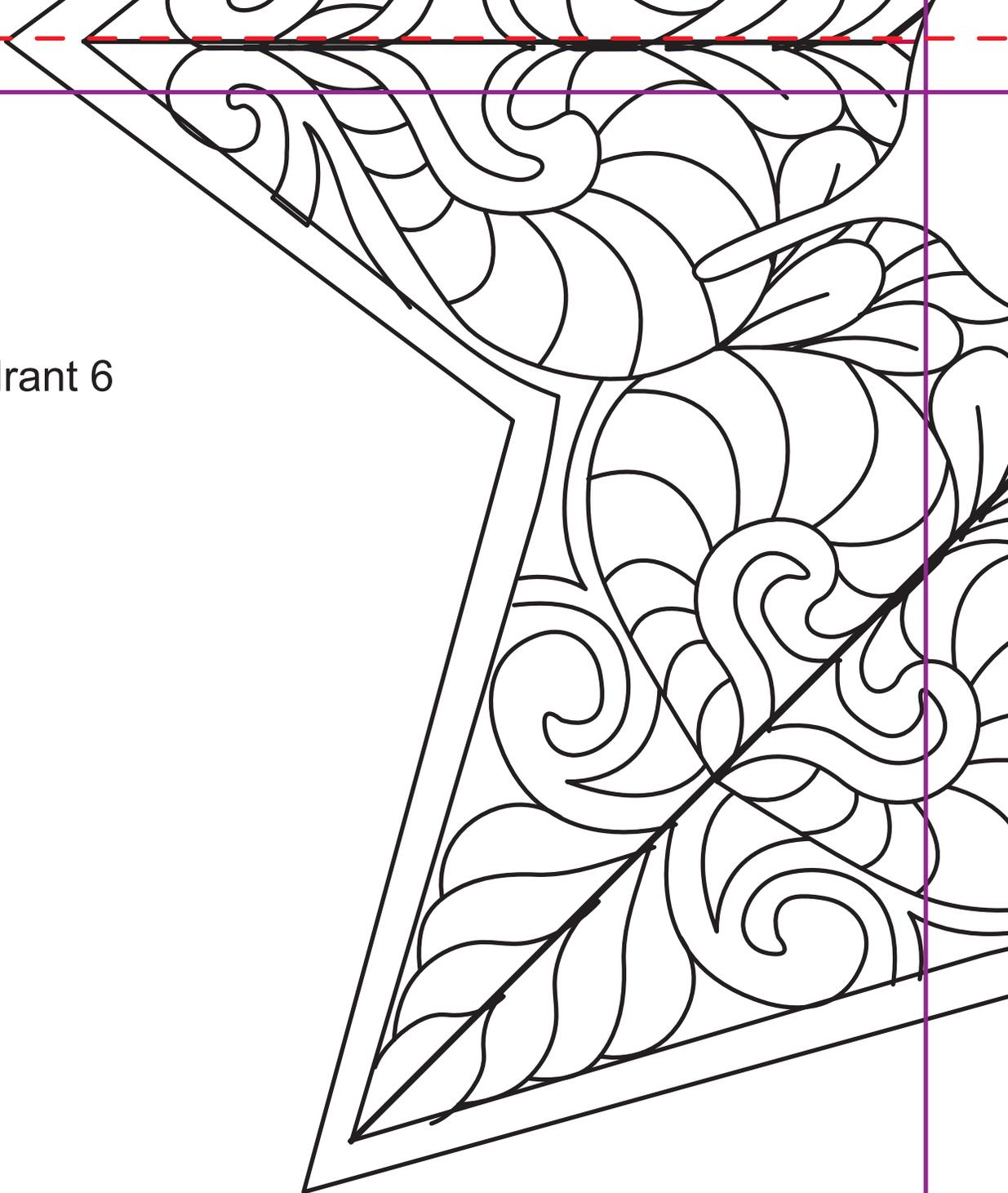


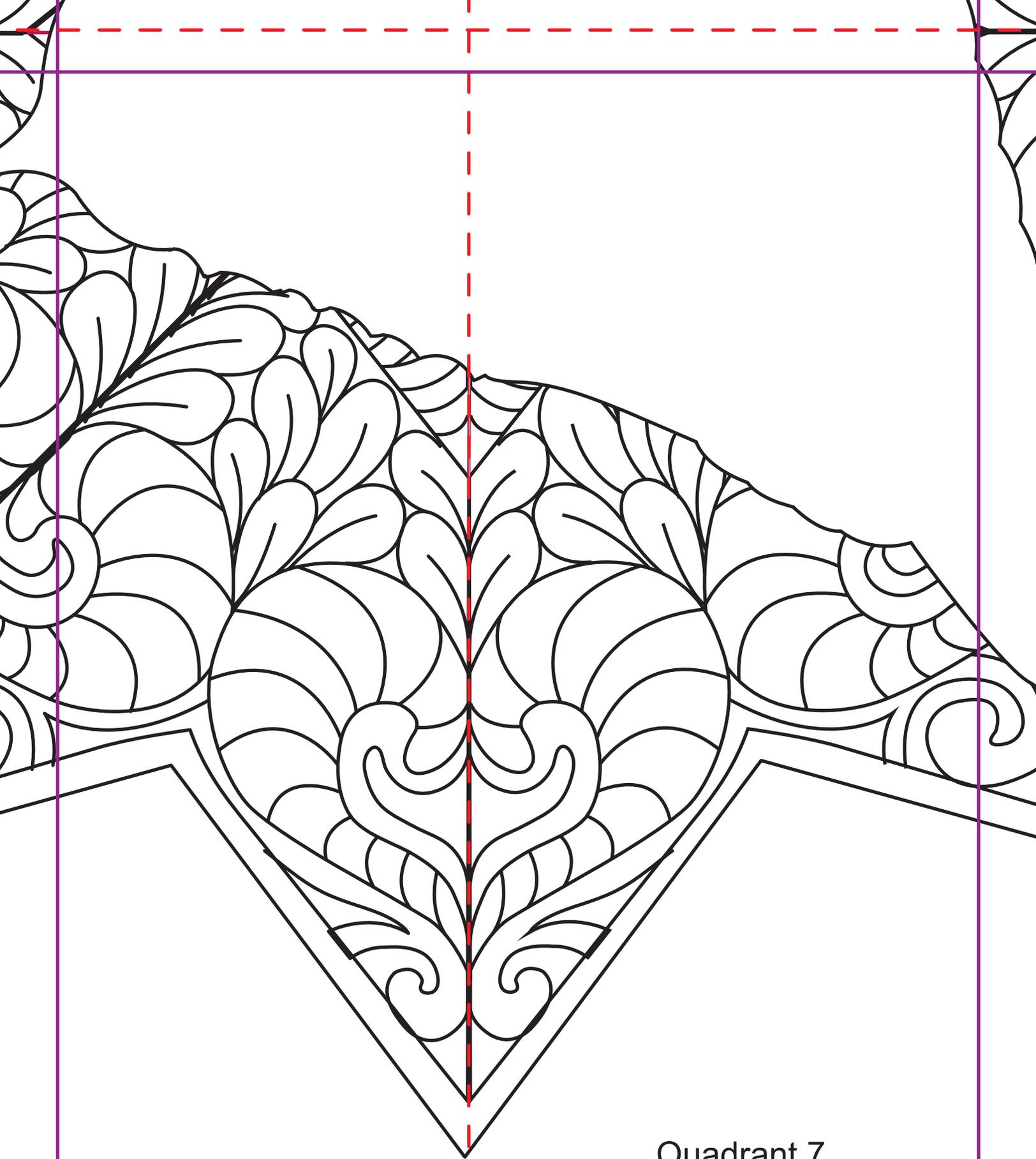
NOTE: The dotted red lines
represents the center
of the design



Quadrant 5

Quadrant 6





Quadrant 7



Quadrant 8